# **WORKSHOPS, TRAININGS & RETREATS**

BE BRAVE, TELL YOUR STORIES

My presentations are safe, dynamic, inspiring, and full of "live" writing opportunities. Participants learn techniques, discover their own voices through writing, and offer each other support and encouragement. We bond beautifully once that trust is formed whether the presentation is a workshop, training or retreat.



#### MY TOPICS GENERALLY FOCUS ON:

- How to stay the track of courage
- How to write a compelling life story
- How to live the writer's life
- Translating courage and faith into writing

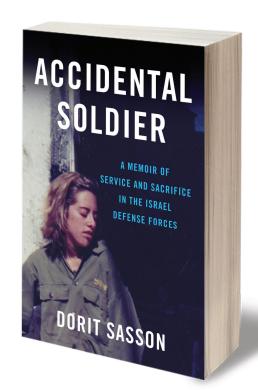
My topics can be customized to your particular audience. I am also available for Skype presentations.

Most Requested Workshop, Training, and Retreat Topic

#### THE COURAGE TO TELL YOUR MOST COMPELLING STORY

One of the biggest questions I get is how to choose the story you're meant to tell. I might add that it also takes courage to tell the one you've been holding back. After all, we have so many stories and so much time during the day! After holding back my story along with my life, I realized it was time to trust that my story of serving in the Israel Defense Forces was worth telling. I had been holding back writing my story for so long and I was full of shame and fear. However, I started to learn that I had the power to come full circle again with my story.

Join me as I take you through the experience that helped me give voice to my memoir *Accidental Soldier: A Memoir of Service and Sacrifice in the Israel Defense Forces*. Through writing and hands-on, interactive exercises, you'll get the support and confidence to start unearthing layers of the story you were meant to write. I will support you in beginning to create a vision for your story and increasing your courage to make room for the story you're meant to write.



#### WHAT YOU WILL GET

- Learn how to get clear on that one story that needs to be told to support your business and creative endeavors
- Work through any barriers or stumbling blocks that are getting in your way
- Discover, through writing a series of journal exercises, how to identify and discover your voice
- Implement a daily writing action plan that will help you to the finish line

#### A FEW WORDS ABOUT WORKSHOPS, TRAININGS, AND RETREATS

- Workshops are focused on a specific issue or topic we want to accomplish. It is usually a few hours in length. Targeted audiences: community groups, women's groups, entrepreneurs, as well as students.
- Half-day or Full-day trainings focus completely on one topic, and are offered to groups usually in a form of professional development.
- Retreats allow you to spend time on what you want to do best -- writing! We "escape" to a place that allows us to stay focused and present on our writing during the afternoon, morning and evening. A schedule of sessions will be created based on an intake form that you'll be sent, which will ask about the kinds of topics you wish to cover. There is always a lot of time for you to write! I focus on your goals: your "dream" location and theme for your organization or company.

#### TARGET AUDIENCE

I love working with a variety of audiences including business owners, women and community groups, independent professionals, as well as entrepreneurs. I get a real "high" working with writers whether it's a retreat, workshop or training.

### **NEXT STEPS: CHECK MY AVAILABILITY**

To find out if I am available to present a retreat, please send me an email at sassondorit@gmail.com with "Workshop, Training & Retreat Inquiry" in the subject header line. Please provide the following details in the body of the email:

- Date and location of event
- Event format (either in-person or online like Skype)
- Topics of interest
- Target audience

#### COSTS

Any travel related costs (airfare, hotel, mileage) as well as the presentation fee are part of the agreement. Please be aware that requested dates can only be booked once the agreement has been completed and 70% of the payment has been received.

For questions concerning booking me to present to your group or organization, please send me an email at sassondorit@gmail.com

## **TESTIMONIALS**

"I am still in the infancy stage of my writing. In the beginning my writing was all over the place. Dorit helped me focus and have accountability. Now my writing is still all over the place but I am so much more mindful and can see where I will be able to connect the dots."

Batsheva Williamson

"I have been trying to discover my story/message for approximately two years. I took classes, hired someone but nothing was helpful. I was getting very frustrated - really needed this to move business forward. Took Dorit's program - wow, amazing the progress I made in just five weeks. Her process challenged me to dig deep and to examine everything from my heart. There were many insights and ahas. She gave me the tools to examine my intentions, goals, to process my life experiences. As a result I was finally able to clarify my purpose and consequently my story and message."

Elisa Negroni